SCHOOLHOUSE GRILL
School Meal Specialist

Vision Montessori

May 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Whole Grain Breaded Chicken Nuggets 4 ea Two-Way Hot (Peas & Carrots) Mixed Vegetables ¼ c Veggie: Morningstar Chik Nuggets; Fresh Fruit	Organic Cheese & Vegetable Tortelloni w/ Pesto ½ c Capri Blend Hot Mixed Vegetables ¼ c Veggie: Cheese & Vegetable Tortelloni; Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Fresh Tossed Salad ¼ c w/ Ranch Dressing Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ½ c Five-Way Hot Mixed Vegetables ¼ c; Veggie: Italian Cavatappi w/ Marinara Fresh or Chilled Fruit
9	**10**	**11**	**12**	**13**
Orange Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Orange Chik Strips; Fresh or Chilled Fruit	Slow Roasted Turkey & American Cheese Sub ½ ea Sweet Yellow Corn ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	Kid Fav Creamy Mac n' Cheese ½ c Fresh Green Beans ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Beef Taco Rice Bowl 2 oz Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese; Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip; Veggie: Bean Rice Bowl; Fresh Fruit	Whole Grain Breaded Chicken Tenders 3 ea Sweet Hot Baby Peas ¼ c Veggie: Morningstar Tenders Fresh or Chilled Fruit
16	**17**	**18**	**19**	**20**
House Made Creamy Chicken Penne Alfredo ½ c California Blend Hot Mixed Vegetables ¼ c Veggie: Creamy Penne Alfredo Fresh or Chilled Fruit	Salisbury Steak 1 ea & Gravy Creamy Mashed Potatoes ¼ c Fresh Tossed Salad ¼ c w/ Ranch Dressing Veggie: Morningstar Patty Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Classic Cheesy Baked Ziti ½ c Two-Way Hot Carrots & Corn) Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Breaded Chicken Patty on Whole Grain Bun 1 ea Fresh Green Beans ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit
23	**24**	**25**	**26**	**27**
Kid Fav Creamy Mac n' Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	"Build Your Own Pizza" Mozzarella Cheese 2 oz ea; Pita Rounds 3 ea w/ 2 oz Pizza Two-Way Hot Mixed Vegetables ¼ c; Veggie: BYO Cheese Pizza Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Veggie Hawaiian Balls over Rice Fresh or Chilled Fruit	Yum Turkey Hot Dog on a Whole Grain Bun 1 ea Capri Blend Hot Mixed Vegetables ¼ c Veggie: Morningstar Tenders Fresh or Chilled Fruit	Mini Four Cheese Ravioli w/ Marinara Sauce ½ c Fresh Tossed Salad ¼ c w/ Ranch Dressing; Veggie: Mini Four Cheese Ravioli w/ Marinara Sauce; Fresh or Chilled Fruit
30	**31**			
Memorial Day Holiday	"Breakfast For Lunch" Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	All lunches served with age appropriate milk, either 1% or whole milk. All meals conform to grain requirements of ½ oz equivalent.	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges