SCHOOLHOUSE GRILL
School Meal Specialist

# Vision Montessori

## February 2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | 1 | 2 |
| THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS<br><br>SHG is an equal opportunity provider. | Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges | | Home-Style Turkey Meatballs 3 ea over Whole Grain Rice ¼ c<br>Sweet Yellow Corn ¼ c<br>Veggie: Veggie Balls w/ Whole Grain Rice<br>Fresh or Chilled Fruit | Italian Cavatappi Pasta w/ Vegetarian Bolognese Sauce ½ c<br>Five Way Blend Hot Mixed Vegetables ¼ c<br>Veggie: Cavatappi w/ Marinara<br>Fresh or Chilled Fruit |
| 5 | 6 | 7 | 8 | 9 |
| State Fair Whole Grain Turkey Corn Dog 1 ea<br>Fresh Green Beans ¼ c<br>Veggie: Chik'n Tenders<br>Fresh or Chilled Fruit | Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese<br>Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing<br>Veggie: Italian Ball Sub<br>Fresh or Chilled Fruit | House Made Creamy Chicken Whole Grain Penne Alfredo ½ c<br>Sweet Baby Peas ¼ c<br>Veggie: Penne Alfredo<br>Fresh or Chilled Fruit | Whole Grain Breaded Chicken Nuggets 4 ea<br>Hot Diced Carrots ¼ c<br>Veggie: Morningstar Chik Nuggets<br>Fresh or Chilled Fruit | Chicken Fajita Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese<br>Sweet Yellow Corn ¼ c<br>Veggie: Refried Beans & Rice<br>Fruit or Chilled Fruit |
| 12 | 13 | 14 | 15 | 16 |
| Breaded Chicken Patty Whole Grain Bun 1 ea<br>Five Way Blend Hot Mixed Vegetables ¼ c<br>Veggie: Morningstar Garden Burger; Fresh or Chilled Fruit | Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c<br>California Blend Mixed Vegetables ¼ c<br>Veggie: Cheese Pasta<br>Fresh or Chilled Fruit | Teriyaki Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c<br>Hot Cooked Broccoli ¼ c<br>Veggie: Veggie Teriyaki Chik Strips<br>Fresh or Chilled Fruit | "Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup<br>Turkey Sausage Link 1 ea<br>Veggie: Morningstar Breakfast Patty<br>Fresh or Chilled Fruit | BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce<br>Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing<br>Veggie: BYO Pizza; Fresh Fruit |
| 19 | 20 | 21 | 22 | 23 |
| President's Day<br><br>Holiday | Whole Grain Breaded Chicken Tenders 3 ea<br>Fresh Green Beans ¼ c<br>Veggie: Morningstar Chik Tenders<br>Fresh or Chilled Fruit | Savory Salisbury Steak 1 ea w/ Gravy over Creamy Mashed Potatoes ¼ c; Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing; Veggie: Veggie Balls w/ Potatoes; Fresh Fruit | Kid Fav Whole Grain Creamy Mac n' Cheese ½ c<br>Five Way Blend Hot Mixed Vegetables ¼ c<br>Veggie: Mac n' Cheese<br>Fresh or Chilled Fruit | Sliced Roasted Turkey & American Cheese on Whole Grain Slider ½ ea<br>Hot Diced Carrots ¼ c<br>Veggie: Double Cheese Slider<br>Fresh or Chilled Fruit |
| 26 | 27 | 28 | 29 | |
| "Breakfast For Lunch" Whole Grain Waffles 2 ea w/ Syrup<br>Turkey Sausage Link 1 ea<br>Veggie: Morningstar Breakfast Patty<br>Fresh or Chilled Fruit | Southern Mini Whole Grain Turkey Corn Dog Nuggets 4 ea<br>Sweet Yellow Corn ¼ c<br>Veggie: Morningstar Chik Nuggets<br>Fresh or Chilled Fruit | Classic Cheesy Whole Grain Baked Ziti ½ c<br>California Blend Mixed Vegetables ¼ c<br>Veggie: Cheesy Baked Ziti<br>Fresh or Chilled Fruit | Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea<br>Hot Cooked Broccoli ¼ c<br>Veggie: Morningstar Garden Burger on Bun<br>Fresh or Chilled Fruit | All lunches served with age appropriate milk, either 1% or whole milk.<br><br>All meals conform to grain requirements of ½ oz equivalent. |